### **Guidelines for Competitive Applicants**

## Metrics

- Maintain a competitive overall GPA (above 3.5)
- Maintain a competitive BCPM GPA (All Science and Math Courses)
- Achieve a competitive HP Entrance Exam score, if required.

## Attributes

- o Leadership
  - Leadership Role in organizations (student orgs and others)
- o Health Care

Volunteering / Working Shadowing Internships

o Research

Summer Programs On-Campus Research

### <u>Student Checklist –Self-Assessment (required)</u>

• Be Involved

Make Connections (Interact with instructors beyond the classroom) Join Student Organizations (be active and take a leadership role)

#### Gain Experiences (Consistency is Key) Healthcare (shadowing, volunteering, and/or working) Research/Internship Programs

- **Confirm Your Passion** Research intended Health Profession schools and programs
- **Become a Professional** Join and participate in Professional Networks (as a pre-student member)

# **Additional TIPS**

- Know the pre-requisites for the HP program of interest
- Create and maintain a resume of all experiences
- o Attend available workshops for professional development and application readiness
- Know eligibility requirements for Health Professions Packet (HPP)

# Accessing Health Professions resources with Professional Experience Office (PXO)

COSE MajorsCOSE Student Communityand emailpxo@hbu.eduNon-COSE Majors: Scan QR code below to register as a pre-health professions student with PXO.